The chart below identifies some of the grade-appropriate learning standards and lesson objectives gathered from several sources.

<table>
<thead>
<tr>
<th>Grades</th>
<th>Learning Standards</th>
<th>Lesson Objectives</th>
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</table>
| K-3    | • List rules for safety at home, school, community.  
         • Distinguish among safe, unsafe, and inappropriate touch.  
         • Demonstrate the use of assertive behavior, refusal skills, and actions intended for personal safety. | • Identify general safety rules.  
 • Identify the “always ask first rule.”  
 • Identify safe and unsafe touches.  
 • Identify the “touching rule.”  
 • Identify and practice rules for personal safety: say no, get away, tell a grown-up.  
 • Identify grown-ups you can go to for help. |
| 4-6    | • Describe actions & behaviors to protect oneself when alone at home or in the community.  
         • Distinguish among safe, unsafe, & inappropriate touch.  
         • Demonstrate the use of assertive behavior, refusal skills, and actions intended for personal safety. | • Identify and practice safety rules when alone at home or in the community.  
 • Summarize the difference between appropriate & inappropriate touch.  
 • Describe what to do to protect oneself in situations involving unwanted or inappropriate touch.  
 • Identify and practice skills for standing up to pressure from other people.  
 • Summarize ways to respond to sexual abuse.  
 • Identify appropriate sources for help. |
| 7-9    | • Distinguish between healthy & unhealthy interpersonal relationships.  
         • Define sexual harassment in the context of schools and other youth settings.  
         • Recognize sexual abuse and sexual assault.  
         • Describe actions & behaviors to protect oneself from sexual abuse and how to seek help. | • Examine the potential impact of healthy & harmful relationships.  
 • Identify personal boundaries & practice communicating boundaries to others.  
 • Identify & practice skills for dealing with both physical and online sexual harassment.  
 • Identify the warning signs of potential danger in relationships.  
 • Identify ways to stay out of danger in relationships.  
 • Identify where help can be located. |
| Grades 10-12 | Define sexual assault terms and refamiliarize students with the general topic of sexual abuse.  
Demonstrate prevention skills in a variety of scenarios and circumstances.  
Understand the personal and community resources available if one is harassed or victimized. |
|--------------|--------------------------------------------------------------------------------------------------|
|              | Define and contrast aggressive, passive, and assertive behaviors.  
Explain acquaintance rape, sexual assault, incest and trafficking as forms of child sexual abuse.  
Understand laws regarding types of abuse and reporting guidelines.  
Specify personal and local community resources for victims of sexual abuse.  
List and explain several prevention guidelines.  
Summarize facts on offenders, victims, and ways victims get trapped.  
Classify options for victims to extricate themselves from the abusive environment. |